March 2024, LSI Bulletin/Newsletter Article and Story

March is National Professional Social Work Month

March is National Professional Social Work Month, a time to recognize social workers and thank them for all they do. At Lutheran Services in Iowa (LSI), we are grateful for the many social workers who have dedicated their lives to serving our communities across the state!

At LSI, we believe every lowan deserves the independence they need to thrive. LSI's Host Homes is an innovative way LSI is serving adults with disabilities. Through this program, an individual moves from Supported Community Living into a private family home with a carefully selected mentor. This program is built entirely around an individual's goals and interests, and LSI's extensive matching process ensures the mentor and mentee are a great fit.

Take a moment to read the following story from a Host Homes mentee:

"My journey with LSI's Host Homes started in early 2023. I've known my mentor for a few years while he provided hourly services to me. We learned about Host Homes and thought it would be a good fit for us. I moved into my mentor's home where he helps me maintain a daily routine with schoolwork, household tasks, daily living skills, improving independence, and more.

I attend a college nearby and go to classes a few days a week. I am able to navigate the local bus system to access my community to attend classes and visit friends. My mentor is always available to transport me into the community as needed.

This summer, I went on a trip across the country with one of my classes. While on this trip, I was able to maintain my independence with limited support, but I knew my mentor would be available by phone to assist me with my coping skills and problem solving. This trip was a big success for me knowing I had support only a phone call away.

I like LSI's Host Homes Program because my mentor supports me in the way I want to be supported, assists me with some daily tasks I struggle with, and understands me."

If you are interested in becoming a Host Homes mentor and helping a fellow lowan achieve independence, please visit LSIowa.org/HostHomes for more information.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.orq and facebook.com/LSI.iowa.